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Articles will be accepted solely in electronic format (15,000–50,000 characters, including spaces). Every article should include an abstract and information concerning the subject it deals with. Abstracts in English and Polish should have 900–1,600 characters, including spaces. At the end of the article, please include contact data to be printed. Submitted materials will not be returned and may be shortened or edited. The author will be asked to authorise edited or shortened articles.

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More information can be found on the website: mazowszestudiaregionalne.pl

Materials should be submitted by e-mail to:

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Article format:

- 12-point Times New Roman font, normal style, spacing: 1.5,
- No indentations at beginnings of paragraphs,
- Limited formatting, new lines used only to signal new paragraphs,
- Automatic hyphenation,
- Alphabetically arranged bibliography at the end,
- Harvard-style in-text citations in brackets, i.e. [Kwiatkowski 2021], [Kowalski 1998, pp. 7–12, Fig. 6] or [cf. Wiśniewski 2007, p. 98],
- Footnotes used to elaborate on a subject or for digressions; Arabic numerals, 10-point Times New Roman, normal style, at the bottom of the page,
- In-text references to tables, graphs and illustrations in parentheses,
- Quotations – in quotation marks, with the source,
- Titles of cited works in italics,
- Numbers in the text in Arabic numerals, always in numerals (not words), up to four digits as one number, five or more digits with commas at three-digit intervals (so that the last fragment has three digits).

Abbreviations and units in text and tables:

- Units per capita are to be described thus: 7.8 m² per capita,
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References:

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e.g. Gehl J., 2010, *Cities for People*, Island Press, Washington, D.C.
- **Articles in periodicals:** Author, year, *title*, periodical title, volume / annal, number, pages.
e.g. Armstrong M.P., Xiao N., 2018, *Retrospective Deconstruction of Statistical Maps: A Choropleth Case Study*, *Annals of the American Association of Geographers*, 108, 1, pp. 179–203.
- **Articles/chapters in edited books:** Author, year, *title* [in:] editor (ed.), *book title*, publishing house, place of publication, pages.
e.g. Openshaw S., Taylor P.J., 1981, *The modifiable areal unit problem* [in:] R.J. Bennett, N. Wrigley (eds.), *Quantitative Geography, A British View*, Routledge and Kegan Paul, London, pp. 60–69.
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- **Encyclopedia articles and dictionary entries:** Author of the entry / editor of the encyclopedia or dictionary (ed.), year, *entry title* [in:] editor (ed.), *encyclopedia or dictionary title*, volume, part, publishing house, place of publication, pages.
e.g. Saglio E., 1919, *Bulla* [in:] Ch. Daremberg, E. Saglio (eds.), *Dictionnaire des antiquités grecques et romaines*, 1, 1, Hachette, Paris, pp. 754–755.