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Researchers are sounding the alarm that the state of the environment is deteriorating year by year. A survey by the KANTAR institute for the Federation of Polish Food Banks shows that 34% of Poles admit that they have happened to throw away food. This is quite a high percentage. Among the most frequently thrown away products, the surveyed Poles indicate, in order, bread, cold cuts, vegetables, fruits and dairy products. The most common reason for wasting food is missing the expiration date.

[Dorota Jezierska, EkoMisja – Nie marnuję! Pobierz](#)